

5<sup>th</sup> International Workshop on PET in Lymphoma  
Menton, September 19-20, 2014  
PET adapted trials: The ongoing studies

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OPTIMAL>60 (DSHNHL-2009-1, NCT01478542)  
German High-Grade Non-Hodgkin's Lymphoma  
Study Group

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Dirk Hellwig

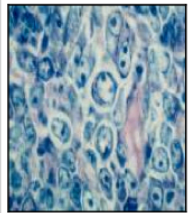
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Department of Nuclear Medicine

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# German High-Grade Non-Hodgkin's Lymphoma Study Group

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DEUTSCHE STUDIENGRUPPE HOCHMALIGNE NON-HODGKIN-LYMPHOME\*

German High Grade Non-Hodgkin's Lymphoma Study Group

\*(gefördert durch die Deutsche Krebshilfe)

Vorstand der DSHNHL: M. Pfreundschuh, Homburg, N. Schmitz, Hamburg, L. Trümper, Göttingen, M. Loeffler, Leipzig

- Network of oncologists and radiotherapists for large scale lymphoma trials
- About 150 peripheral centres in Germany
- Participated in several study generations
  - MINT
  - FLYER
  - RICOVER
  - ...
- Formerly no use of PET

**Improvement of Outcome and Reduction of Toxicity in Elderly Patients with CD20<sup>+</sup> Aggressive B-Cell Lymphoma by an Optimised Schedule of the Monoclonal Antibody Rituximab, Substitution of Conventional by Liposomal Vincristine, and FDG-PET based Reduction of Therapy in Combination with Vitamin D Substitution**

**Short title:**

**OPTIMAL>60 / DR. CHOP  
DSHNHL 2009-1**

Date of Protocol:	12 <sup>th</sup> of May, 2014
Status:	<b>approved by BfArM on 10<sup>th</sup> October 2011 approved by the Ethics Committee of the Medical Council of Saarland on 12<sup>th</sup> December 2011 Amendment 1: approved by the Ethics Committee of the Medical Council of Saarland on 3<sup>rd</sup> of July 2012 Amendment 1: approved by BfArM on 4<sup>th</sup> of September 2012 Amendment 2: approved by the Ethics Committee of the Medical Council of Saarland on 11<sup>th</sup> July 2012 Amendment 2: approved by BfArM on 19<sup>th</sup> August 2014</b>
Version:	V05.0-F
EudraCT-No.	2010-019587-36
Protocol writing committee:	Prof. Dr. med. M. Pfreundschuh (author in charge)

# Protocol synopsis of OPTIMAL>60

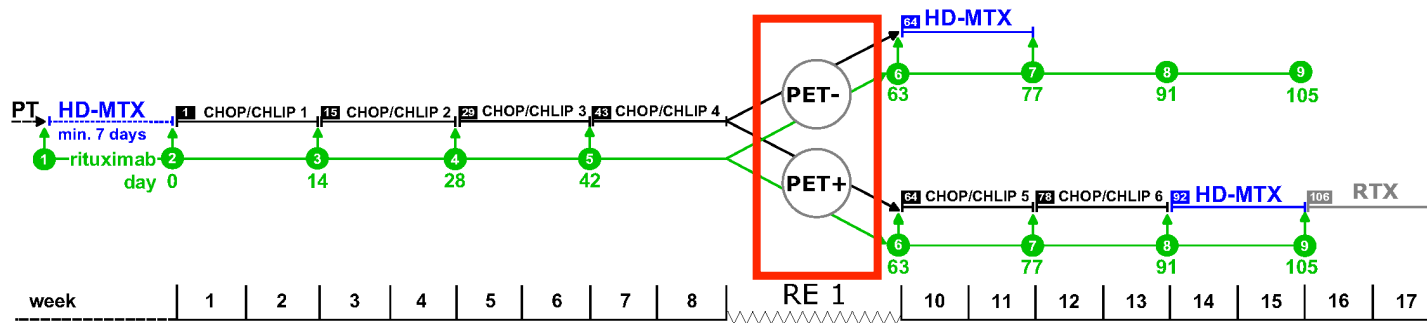
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- Indication:
  - Elderly patients (61-80 years)
  - with aggressive CD20+ B-NHL
- Primary objectives of the study:
  - Less favourable prognosis:
    - To test whether progression-free survival (PFS) can be improved by substituting conventional by liposomal vincristine;
    - To test whether PFS can be improved by 12 optimised applications instead instead of 8 2-week applications of rituximab.
  - Favourable prognosis:
    - Comparison of neurotoxicity of conventional and liposomal vincristine;
    - Determination of PFS for the treatment strategy of reducing treatment in patients with negative FDG-PET after 4 x R-CHOP/CHLIP-14 (PET-4) and comparison with the corresponding patient population in RICOVER-60.



# OPTIMAL > 60 – Time schedule

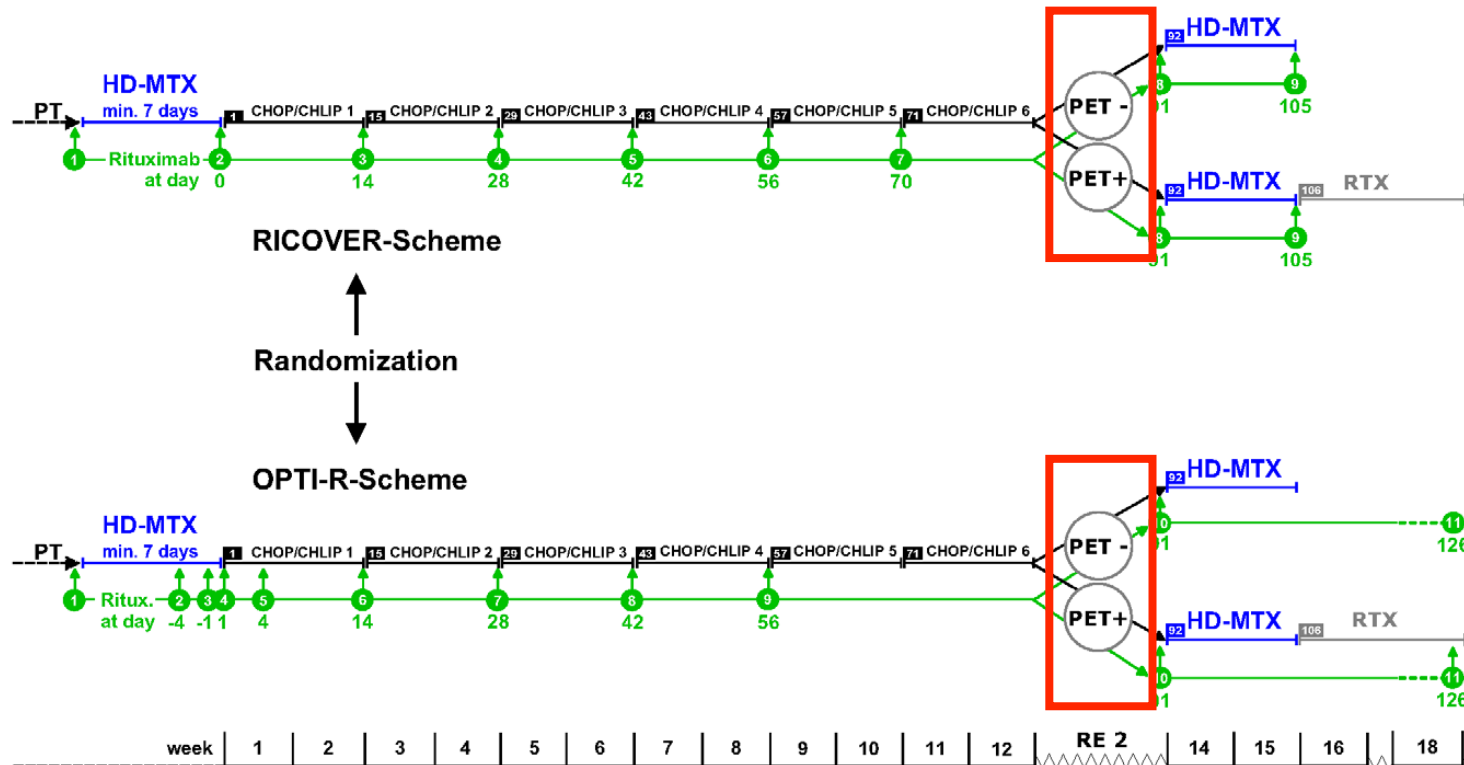
Favourable prognosis



n = 288

Version: V04-F-14-02-2011

Less favourable prognosis



n = 864

Version: V04-F-14-02-2011

Note: HD-MTX only in patients with high risk for CNS disease

# Protocol synopsis OPTIMAL>60

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- Secondary objectives of the study:
  - Comparison of the prognostic value of a pre-treatment FDG-PET (PET-0) with conventional CT/MRT.
  - Investigation of the prognostic value of different FDG-PET derived imaging biomarkers for lymphoma load (SUV, MTV, TLG).
  - Comparison of the FDG-PET-based individualised treatment strategy in OPTIMAL>60 with the fixed (pre-defined) treatment strategy in RICOVER>60.
  - Estimation of the vincristine-related neurotoxicity ("OPTIMAL>60 Less Favourable only, since vincristine related neurotoxicity is primary objective of the study in favourable patients) and other toxicities (all patients).
  - Determination of the therapeutic efficacy of a vitamin D substitution by comparing the first patients without vitamin D substitution with patients with a vitamin D substitution.

# Special issues of PET in the OPTIMAL>60 trial

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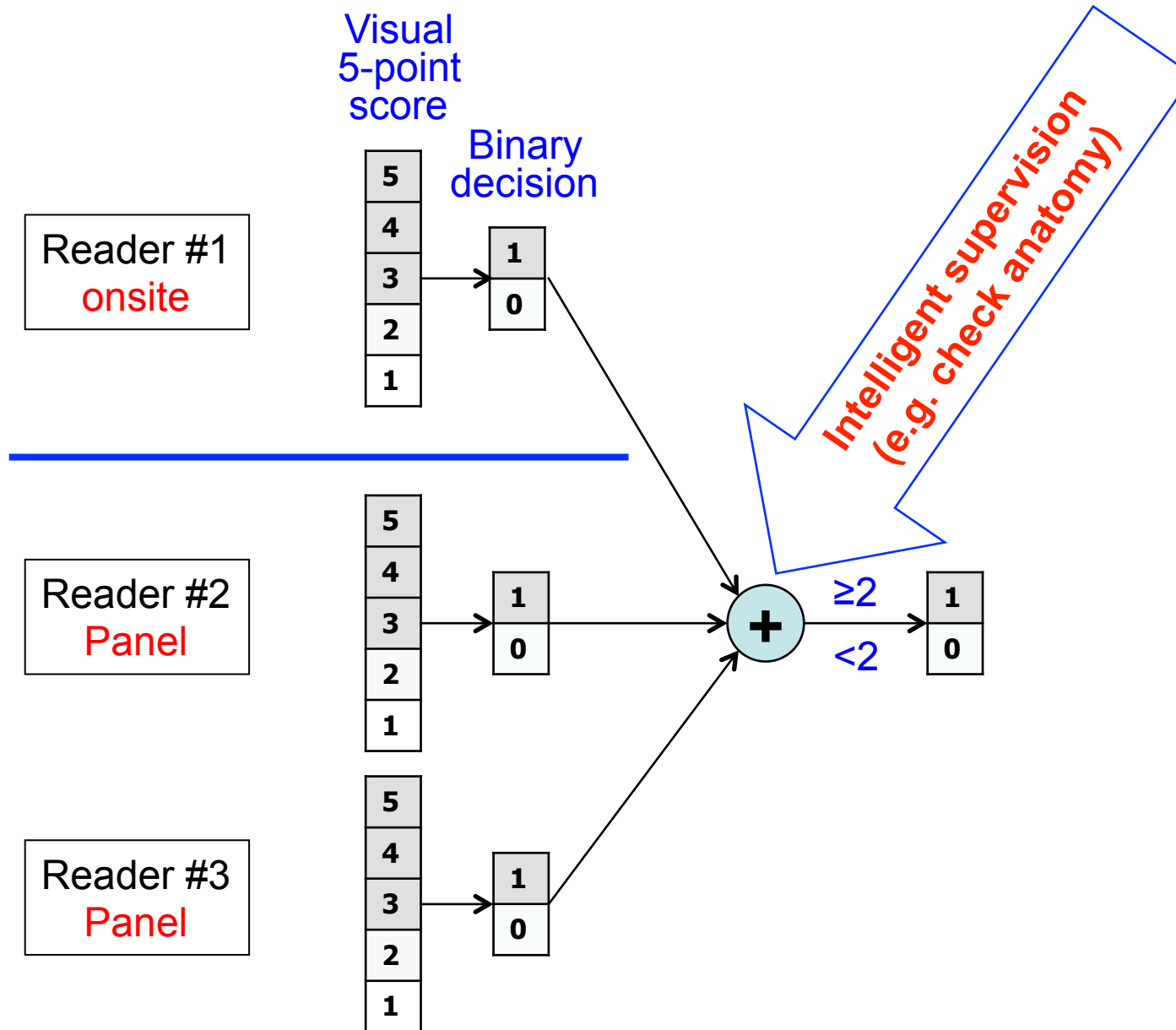
- PET not reimbursed in Germany
  - Support of the study concept by the Competence Centre Oncology of the Statutory Health Insurances
- PET-0 (now mandatory)
  - But: Initial Ann Arbor stage not influenced by PET!
- Visual interpretation of restaging PET
  - Applicable even without PET-0
- PET is used for de-escalation
  - PET positivity related to mediastinal blood pool
- Collect all relevant imaging data
  - PET, CT, MRI from staging and response assessment

# Storage concept and workflow

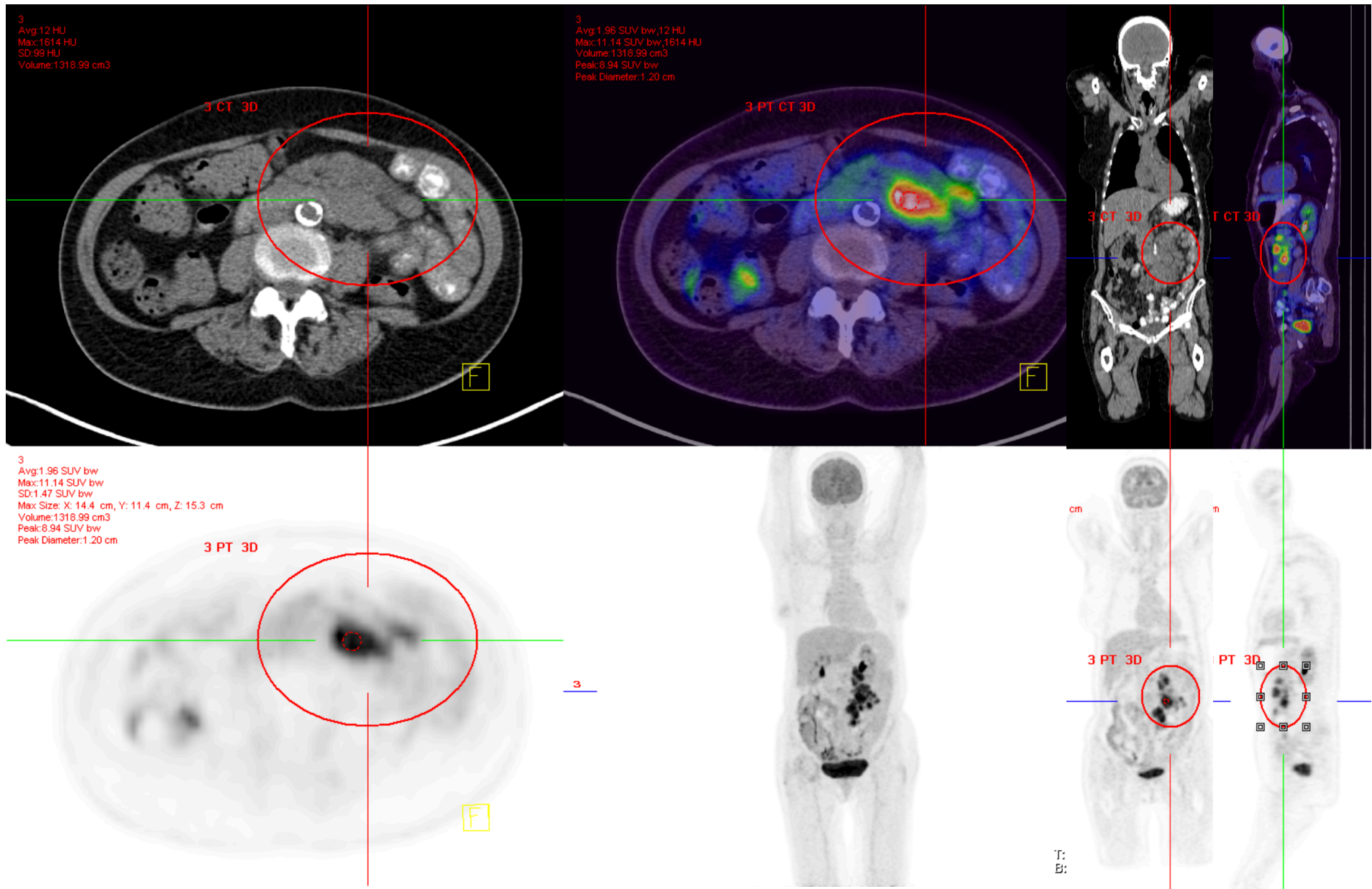
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- Peripheral sites send DICOM images
  - Anonymized
  - DVD/CD
- Data server in Central Study Office
  - NAS + RAID system
- Email message to PET Reference Panel
  - 2 experienced PET readers
- Image analysis
  - Visual interpretation
  - SUV measurements if possible
- PET panel votum
  - Negative / positive

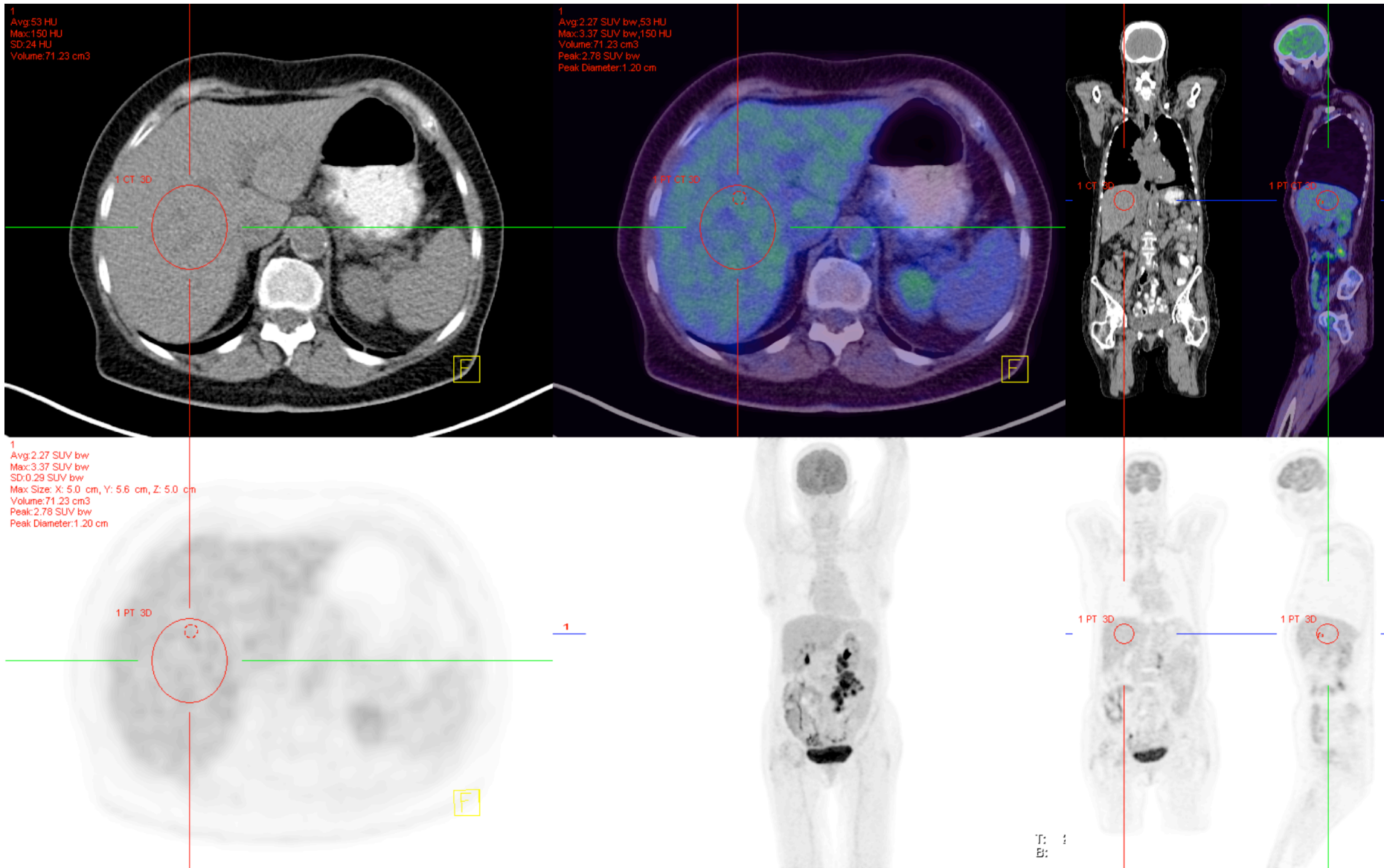
# OPTIMAL > 60: PET reading strategy



# PET quantification: SUV Peak

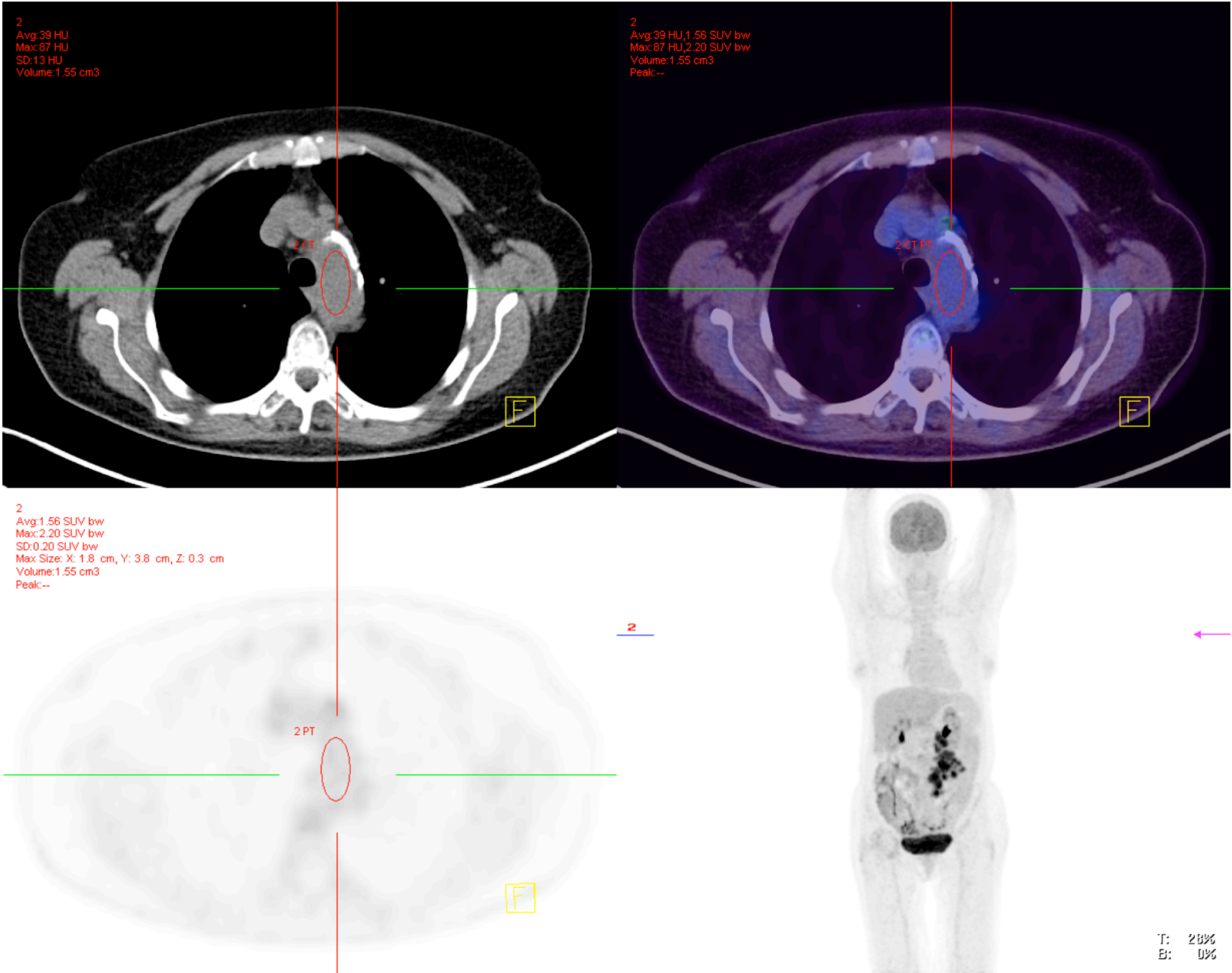


# PET reference region in liver: SUV Mean

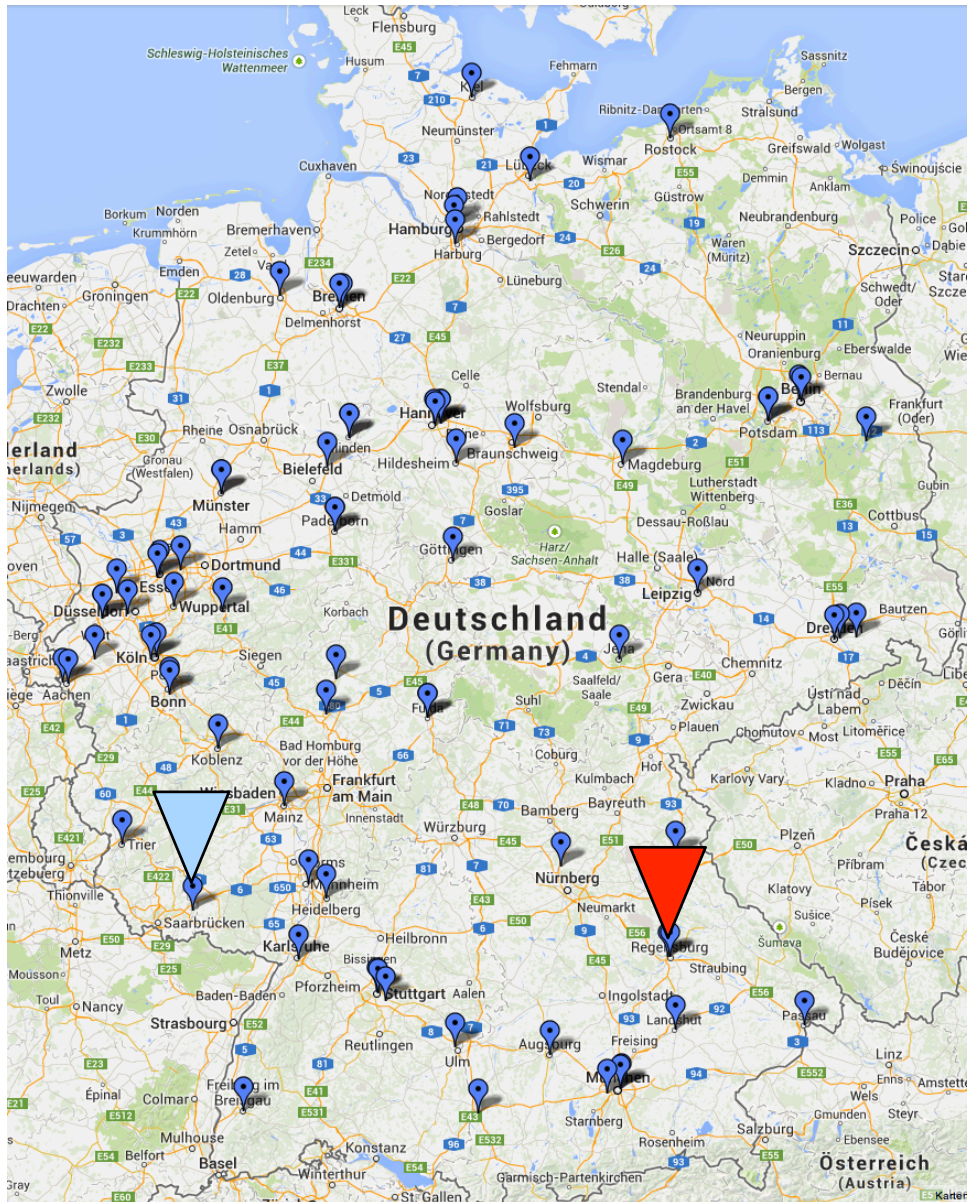




# PET reference region for mediastinal blood pool



# PET/CT sites of the OPTIMAL>60 trial



- Time line:
  - Recruitment: 11/2011 – 10/2016
  - Follow-up until 03/2020
- Current status as of 2014-09-15:
  - PET/CT centres:
    - 55 qualified
    - +12 from PETAL
  - Patient numbers:
    - N=366 randomized
    - N=284 restaged with PET
    - N=27 restaged without PET



Central Study Office



Reference Nuclear Medicine

# Summary: OPTIMAL>60 trial

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- FDG PET based de-escalation design with early termination of chemotherapy and omission of radiotherapy.
- Allows comparison with former DSHNHL trials to analyze potential benefit of PET usage.
- Well recruiting large scale trial with broad acceptance in the peripheral centres.
- Quickly established network of participating PET sites throughout Germany.
- Pragmatic workflow for collecting image data.
- Interim analysis results in early 2015.

# Acknowledgement

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- Participating centres from DSHNHL
- PETAL study group
  - S. Müller, U. Dührsen
- Colleagues from Cuneo, Italy
  - S. Chauvie, A. Gallamini, A. Biggi
- Competence Centre Oncology, MDK North Rhine of the Statutory Health Insurances
  - A. Heyll, K.-P. Thiele
- Colleagues in the Central Study Office in Homburg/Saar, Germany
  - M. Pfreundschuh, G. Held, V. Pöschel, T. Rixecker, D. Ehlert